**Iona School for Ministry**

**Stewardship of Self**

**Senior Year**

**Sunday, September 11, 2022**

**The Rev. Carol Petty, D. Min.**

**Class Description**

The class considers a theology of stewardship as it pertains

to personal wellbeing in ministry.

**Class Objectives**

Students will articulate a theology of stewardship of self.

Students will explore two resources that will help them to be good stewards of their lives: *Living Compass* and Brene Brown’s *Daring Greatly.*

. Students will articulate the importance of whole-person wellness for effective ministry.

**Class Schedule**

**Sunday September 11, 2022**

Introduction to Stewardship of Self

Introduce Living Compass Wellness Ministry

Complete Wellness assessment

Break

Discuss assessment and insights gleaned

Introduce Daring Greatly

View Brene Brown video

Discuss vulnerability, highlighting commonalities with Living Compass/wellness.

Briefly explore other BB resources. Close in prayer.